



multicultural
 MENTAL HEALTH AUSTRALIA

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Publications and Resources CATALOGUE AND ORDER FORM



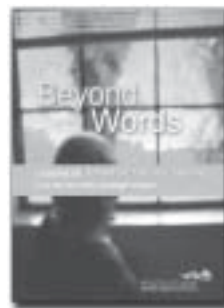
Multicultural Mental Health Australia
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Multicultural Mental Health Australia's Resources

Beyond Words: Lessons on translation, trust and meaning from the No more 'mualagh' project

This valuable resource provides a model for delivery on promoting mental health issues and learning from culturally diverse communities.

Price: \$10 + \$1 GST



Mental Health Shared Care for Ethnic Communities: A handbook
Brisbane Inner South Division of General Practice

This handbook contains practical strategies for the establishment of ethnic mental health shared care programs. It offers insights into the issues affecting shared care for ethnic communities.

\$10+ \$1 GST



Assessing Needs for Mental Health in Cultural and Linguistically Diverse Communities: A Qualitative Approach
A Larson; M van Kooten-Prasad; L Manderson; I Frkovic

An easy to follow guide for communities and health workers to community mental health needs assessment in CALD communities.

\$30+ \$3 GST



Available Online

Evaluating Mental Health Services for Non-English Speaking Background Communities
H Long; J Pirkis; C Mihalopoulos; L Narcella; M Summers; D Dunt.

Explores the barriers which people from NESB experience when they need public mental health services.

Avail. at www.mmha.org.au

Cultural Awareness Tool (CAT) Understanding Cultural Diversity in Mental Health



The CAT consists of a small booklet and accompanying hand-held card designed to provide a first step in developing a culturally aware approach to working with mental health consumers.

\$10 + \$1 GST

Cultural Awareness & Language Competency Cards



Adapted from the CAT, these double-sided cards contain tips for health and community organisations working with CALD clients. The card includes questions to ask CALD clients and valuable communication competency tips.

Mental Health Consumer Participation in a Culturally Diverse Society

A Sozomenou; P Mitchell; M H Fitzgerald; A E Malak; D Silove

This book qualitatively examines participation models and strategies that have successfully initiated partnerships with consumers, carers and community members from diverse backgrounds to develop, manage and evaluate services.

\$30+ \$3 GST



Reality Check: culturally diverse mental health consumers speak out

A report that examines contributing factors to under-utilisation of mental health services by CALD communities.

Presents the needs and concerns of CALD consumers from around Australia.

\$10 + \$1 GST



Making a Difference Cards

Based on "Reality Check", these pocket size cards provide practical and effective checklists for organisations planning, providing and evaluating services for culturally diverse communities.

100 cards: \$10 + \$1 GST



The Role of General Practitioners and Other Primary Care Agencies in Transcultural Mental Health Care

C Mihalopoulos, J Pirkis, L Naccarella & D Dunt.

This report explores the role of the GP and other primary care providers in the delivery of mental health care to culturally diverse communities and documents strategies for improvement.

\$8 + \$.80 GST



Reducing Stigma About Mental Illness In Transcultural Settings: A Guide
L Bakshi; R Rooney; K O'Neil

An educational tool to increase the understanding of stigma related to mental illness in CALD communities. Also a guide to developing community stigma reduction strategies.

Avail. at www.mmha.org.au

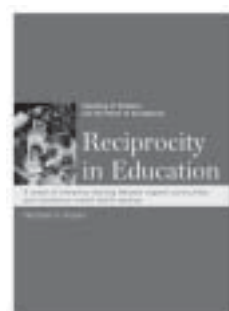
Contact MMHA about the following publications

Transcultural Mental Health Service Delivery Models for Small & Dispersed Migrant populations: A Tasmanian Study
M Bower.

Based on the Tasmanian experience, this report identifies processes for the development of an appropriate service delivery structure for small and dispersed migrant populations.

Email: admin@mmha.org.au

Reciprocity in Education: Speaking of Sadness and the Heart of Acceptance



A/Prof Nicholas Procter

A practical guide outlining a model of interactive learning between migrant communities and mainstream mental health workers.

\$35 + \$3.50 GST

In Their Own Right: Addressing the needs of Carers in Diverse Communities



Based on a project to adapt the Carer Profile assessment tool for CALD carers, this report offers insights into the needs of carers from CALD backgrounds.

\$10+ \$1 GST

Other MMHA Resources Available

Back editions of Synergy: MMHA's magazine.



Some editions of Synergy are available in hard copy. All editions can be downloaded at www.mmha.org.au



The "What Is" series of mental health fact sheets available in over 20 languages

The Need for Cultural Sensitivity: An Assessment of the Mental Health Needs of People from Culturally and Linguistically Diverse Backgrounds in the A.C.T
S Khalidi; R Challenger

This report documents a mental health needs assessment of a relatively small CALD community. The findings identified issues related to stigma, the need for community education, cross-cultural training and information.

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